

In Memory of Mr. Bergh



BY PAUL AVERY

"HURRAY FOR HARRY! HURRAY FOR HARRY!" WAS A COMMON SOUND THAT ECHOED FROM LOCKERROOM, TO BUS, ON MANY OCCASIONS DURING MR. BERGH'S LIFE. NO MATTER WHAT THE SITUATION WAS, WHETHER HIS TEAM HAD JUST SUFFERED A LOSS, OR HIS FIFTH PERIOD CLASS HAD JUST ENDED, THE CHANT STAYED THE SAME. THE REASON FOR THIS WAS SIMPLE: HE WAS EVERYONE'S FRIEND. HIS PERSONALITY WAS HARD TO FORGET, WITH HIS ROOF SHATTERING YELL, AND HIS SQUEAKY LITTLE LAUGH. IT WAS A RARE OCCASION WHEN THE ENTIRE BOYS' LOCKERROOM WASN'T IN HYSTERICS OVER SOMETHING HE HAD SAID.

WHEN THINKING OF WORDS TO DESCRIBE HARRY, I RAN INTO A REAL DILEMMA, BECAUSE THERE ARE NO WORDS THAT EXACTLY DESCRIBE HIM, BUT THERE ARE THREE WORDS THAT COME CLOSE. THOSE WORDS ARE: DEVOTION, TRUTH, AND LOVE. DURING THE TIME THAT I KNEW MR. BERGH THESE WORDS BEST DESCRIBED HIM. YOU'LL NEVER FIND A MAN WHO WAS SO DEVOTED TO HIS WORK BUT STILL HAD TIME TO DEVOTE TO OTHERS. HE WORKED WITH OTHERS IN A VERY HONEST AND TRUTHFUL WAY. HE WOULD "LAY IT ON THE LINE," SO TO SPEAK, AND TELL YOU JUST WHAT HE THOUGHT OF THE SITUATION. NOT MANY PEOPLE CAN DO THAT WITH THE EASE HE DISPLAYED. PROBABLY THE WORD THAT BEST DESCRIBES HARRY'S LIFE IS LOVE. HIS LIFE WAS RUN BY THIS CONCEPT. YOU PROBABLY HAD TO KNOW HARRY FAIRLY WELL BEFORE YOU COULD ACCURATELY UNDERSTAND HOW HE SHOWED LOVE. BUT PLEASE, TAKE IT FROM ONE WHO KNOWS, IT'S THE TRUTH. LOVE HELPED TO FORM HIS FUTURE GOALS FOR THE JUANITA FOOTBALL TEAM. IT WAS NOTHING BUT LOVE WHEN HE RIDICULED AND BELLOWED AT THE OFFENSIVE RUNNING BACKS ON THE TEAM. HIS GOAL WAS TO MAKE US BETTER PEOPLE, AND HARRY DID IT VERY WELL!

THE FACT AT HAND IS THAT MR. BERGH IS OUT OF SIGHT NOW, BUT BY NO MEANS OUT OF MINDS. FOR THOSE OF YOU WHO NEVER HAD THE CHANCE TO KNOW MR. BERGH, I'M SORRY. YOU MISSED OUT ON ALL OF THOSE WONDERFUL ASSETS HE HAD AS A MAN, AS A TEACHER, AS A COACH, AND AS A FRIEND. HE BROUGHT NEW MEANING TO WORDS LIKE: TOUGHNESS AND DISCIPLINE. HE ALSO GAVE EVERYONE A TRUE EXAMPLE OF COURAGE WITH HIS WILL TO LIVE. BUT IT'S NOT TOO LATE TO KNOW HIM, BECAUSE THERE IS A PIECE OF THAT MAN IN EVERYONE HE TOUCHED, AND I THANK HIM FOR THAT! FOR THAT REASON I SAY, "HURRAY FOR HARRY!"



OCTOBER 9, 1981

VOLUME 1

Rebels Ramble

To Victory

BY LESLIE SMITH

ON SEPTEMBER 11, THE JUANITA REBELS TOOK THEIR FIRST STEP ON THE LONG ROAD TO SUCCESS. FOR MANY YEARS WHEN PEOPLE TALK OF FOOTBALL, THE REBELS HAVE BEEN LEFT OUT OF THE CONVERSATION. BUT THIS YEAR JUANITA HAS EYES POPPING OUT AND MOUTHS GAPING. THE REBELS STARTED THEIR SEASON BY BLOWING THE MUSTANGS AWAY 26-0. THE MUSTANGS NEVER HAD A CHANCE AS SENIOR, ERY KUEBLER CAUGHT TWO TOUCHDOWN PASSES, ONE FROM BRANT COMPTON AND THE OTHER FROM QUARTERBACK, BOB WASKOM. THE REBELS HAD STARTED THEIR SEASON OFF BY SHOWING OFF THEIR NEW WINNING WAYS.

A WEEK LATER, BELLEVUE BECAME THE NEXT VICTIM IN A GAME FULL OF SLIPS AND SLIDES ON A RAINY EVENING. THE REBELS JUST GOT BY THE WOLVERINES 14-12, BUT A TWO POINT MARGIN WAS ENOUGH. THE JUNIORS OF JUANITA SHOWED BELLEVUE WHAT TO EXPECT NEXT YEAR AS KEN CHARNWELL SPRINTED 9 YARDS FOR OUR FIRST TOUCHDOWN, AND EARLY IN THE SECOND HALF PAUL WASKOM BROKE LOOSE FOR A 61 YARD TOUCHDOWN. THEY WERE SUPPORTED BY THE REPEATEDLY ACCURATE FOOT OF PETE JONES WHO SPLIT THE CROSSBAR NO MATTER HOW FAR BACK THEY MOVED HIM.

ON SEPTEMBER 25, JUANITA PUT ITS 2-0 RECORD ON THE LINE AGAINST BOTHELL. THE NIGHT WAS COOL AND SO WERE THE REBELS. JUANITA WAS FIRST ON THE BOARD WITH AN 8 YARD TOUCHDOWN PASS FROM WASKOM TO KUEBLER. BOTHELL RESPONDED QUICKLY, BUT JUANITA WENT TO THE LOCKERROOM WITH THE LEAD AS WASKOM HIT KUEBLER AGAIN, THIS TIME FOR 61 YARDS.

BOTHELL CAME OUT AFTER HALFTIME AND QUICKLY ANSWERED JUANITA'S SECOND TOUCHDOWN. JUANITA PUT THE ICING ON THE CAKE WITH A LATE GAME TOUCHDOWN BY PAUL MIX.

AT THE TIME OF THIS WRITING JUANITA IS 4-0 AND GETTING BETTER ALL THE TIME. THEY HAVE BECOME A DEFINITE THREAT IN THE LEAGUE. MANY PEOPLE FEEL THAT JUANITA WILL COME OUT ON TOP OF THE LEAGUE AND BRING A NEW KIND OF PRIDE TO JUANITA.

Will The Salmon Return ?

BY ANNA FOLEY

IT HAS BEEN SAID THAT THE STATE OF THE SALMON REPRESENTS THE STATE OF THE ENVIRONMENT. ACCORDING TO MR. MOORE'S 7TH PERIOD MARINE BIOLOGY CLASS, THE ENVIRONMENT IS DETERIORATING AND THE FUTURE DOESN'T APPEAR PROMISING.

THE SALMON ENHANCEMENT PROGRAM, OPERATED BY THE MARINE BIOLOGY CLASS, WORKS WITH THE COMMUNITY IN AN ATTEMPT TO DEVELOP AN AWARENESS AND CONCERN FOR OUR NATURAL SURROUNDINGS. THEY ACHIEVE THIS THROUGH LECTURES, FILMSTRIPS, AND MEETINGS WITH NEIGHBORHOOD CLUBS AND ORGANIZATIONS.

FOR SEVERAL YEARS THE PROGRAM HAS BEEN WORKING IN THE JUANITA CREEK BASIN, REHABILITATING THE CREEK AND RESTORING THE SALMON RUNS. THE INTERESTS OF THE PROGRAM EXTEND BEYOND OUR IMMEDIATE AREA, HOWEVER.

THE PROJECT IS OF INTEREST TO ALL, BOTH THE STATE AS A WHOLE AND TO THE CITIZENS AS AN INDIVIDUAL. ECONOMICALLY, WITH CLEAN STREAMS THERE WILL BE MORE FISH, SO THEREFORE THE FISHING INDUSTRY WILL BENEFIT. RECREATIONALLY IN OUR BOAT OR IN OUR BATHING SUITS WE HAVE ALL ENJOYED UNPOLLUTED, CLEAR WATERS.

ULTIMATELY, THE GOAL OF THE SALMON ENHANCEMENT PROJECT IS TO MAKE THE PUBLIC AWARE OF THE PROBLEMS THAT ARISE THROUGH DEVELOPMENT AND INDUSTRIALIZATION. THEY HOPE TO MOTIVATE THE PUBLIC TO SUPPORT LEGISLATION PROTECTING OUR NATURAL SURROUNDINGS WHILE THERE IS STILL TIME. THE STUDENTS INVOLVED IN THE PROJECT WANT CITIZENS TO HAVE A REALIZATION OF WHAT COULD BE DEVELOPING NOW SO THAT WE CAN PREPARE FOR THE FUTURE.

THE PROGRAMS CAPTURED NATIONAL RECOGNITION AND WON SEVERAL AWARDS INCLUDING THE WASHINGTON STATE AWARD FOR ENVIRONMENTAL EXCELLENCE. TO QUOTE MR. MOORE, THE CLASS "IS FAMOUS AND WANTING TO BE RICH." (THEY WILL ACCEPT DONATIONS AND CONTRIBUTIONS).

THE CLASS BOASTS OF ITS SUCCESSFUL PAST, BUT APPEARS UNSURE OF THE FUTURE. IN ORDER FOR THE SALMON ENHANCEMENT PROGRAM TO ACHIEVE ITS GOALS, IT MUST HAVE YOUR SUPPORT. THE PROJECT IS SMALL, BUT WITH PUBLIC CONCERN ITS CHANCES FOR SURVIVAL INCREASE.

"YOU CAN DO EVERYTHING YOU CAN, BUT THAT MAY NOT BE ENOUGH. WE FIGHT A BATTLE HERE, BUT MAY NOT WIN. IT MIGHT HELP OTHER CREEKS IN THE FUTURE."

What A Way To Get An "A"

BY DEAN LAMPYAN

JUNIOR STUDENTS MAY HAVE TO WORK HARDER TO EARN AN "A" GRADE THIS YEAR. ONE REASON FOR THIS CHANGE COULD BE DUE TO THE FACT THAT MOST OF THE SCHOOL HAS GONE BACK TO THE TRADITIONAL FULL CREDIT SYSTEM. WITH THIS CHANGE MANY TEACHERS HAVE REVISED THEIR GRADING POLICIES. IN DOING SO STUDENTS MAY ACHIEVE FULL CREDIT WITH ONLY 68% OF THE SEMESTER'S WORK. THEREFORE MORE STRESS IS BEING PLACED ON THE STUDENT TO PERFORM FOR THE LETTER GRADE.

BUDGET CUTS ARE ANOTHER POSSIBLE REASON FOR INCREASED STUDENT WORK LOAD. THE CUTS HAVE AFFECTED ALL AREAS OF THE DISTRICT. THEY HAVE MADE EDUCATIONAL FILMS ALMOST EXTINCT, THUS STUDENTS MUST READ OR TAKE NOTES TO GAIN THE SAME INFORMATION. THE CUTS HAVE ALSO AFFECTED THE SCHOOL'S BUDGET IN SUCH A WAY THAT THERE ARE FEWER LIBRARY BOOKS FOR RESEARCH, AND LESS PAPER FOR CLASSROOM HANDOUTS. FINALLY, CHANGES ON THE BUDGET HAVE DECREASED TEACHER AIDE TIME, WHICH IN TURN DECREASES STUDENT-TEACHER CONTACT. THIS GIVES STUDENTS LESS TIME TO DISCUSS DIFFICULTIES THEY MAY BE HAVING.

DUE TO CREDIT CHANGES AND BUDGET CUTS, WORK WILL BE DIFFERENT FOR THE STUDENT ASPIRING TO A HIGH G.P.A. OR PERSONAL SATISFACTION. THESE STUDENTS WILL FIND THAT IN-CLASS NOTETAKING, ADDITIONAL PROJECTS, EXTRA READING, AND OUTSIDE STUDIES, WILL ALL BE NECESSARY TO ACHIEVE THE ALLUSIVE "A".

The Unkindest Cut of All

BY ANNA FOLEY

BUDGET REDUCTIONS ARE THE FATHER OF FRUSTRATION; THEY FORCE PEOPLE TO ELIMINATE PROGRAMS WHICH ARE OFTEN ESSENTIAL. ARE THESE CUTS REALLY NECESSARY?

THE AVERAGE STUDENT IS NOT AWARE OF THE REASONS WHY BUDGET CUTS ARE BEING MADE. SINCE THE REDUCTIONS AFFECT STUDENTS DIRECTLY, AND UNFAVORABLY AS WELL, THE AVERAGE STUDENT SHOULD DEMAND TO KNOW WHY THESE BUDGET CUTS ARE NECESSARY. THERE ARE BASICALLY THREE REASONS:

1) ON THE NATIONAL LEVEL, PRESIDENT REAGAN IS DETERMINED THAT HE WILL BALANCE THE FEDERAL BUDGET THIS YEAR. OR IN OTHER WORDS, PROVIDE FOR THE SIZEABLE INCREASE IN MILITARY SPENDING. TO DO THIS, THE FEDERAL GOVERNMENT HAS CHANGED IT'S METHOD OF FUNDING. IN THE PAST, FUNDING WAS DIVIDED INTO CATEGORIES LIKE SPECIAL EDUCATION, ATHLETICS, SUPPLIES, ETC... UNDER THE NEW BUDGET A BLOCK GRANT IS GIVEN. A BLOCK GRANT'S AN AMOUNT OF MONEY UNCATEGORIZED. A GRANT IS GIVEN TO EACH STATE TO HELP THEM PROVIDE FOR THEIR SCHOOL SYSTEMS. THE STATE LEGISLATURE THEN DECIDE HOW TO DIVIDE IT. UNFORTUNATELY, THE GRANT GIVEN ALLOWS FOR LESS SPENDING THAN IN THE PAST.

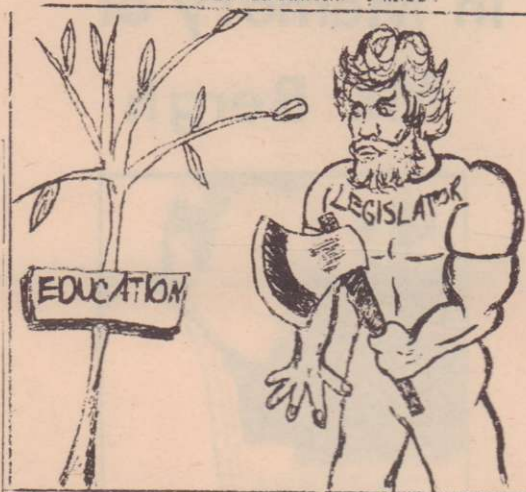
2) ON THE STATE LEVEL, THE LEGISLATURE HAS REDUCED THE AMOUNT THAT THE STATE CONTRIBUTES TOWARDS BASIC EDUCATION. THIS IS PARTIALLY DUE TO THE NEW TREND TOWARDS CONSERVATISM IN THE LEGISLATURE. ALSO THERE IS A NEED TO EQUALIZE SMALLER SCHOOL DISTRICTS SO THAT THEY WILL RECEIVE AS MUCH MONEY PER STUDENT AS LARGER DISTRICTS.

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3) LASTLY, THE STATE REVENUE (YEARLY INCOME) HAS FALLEN BEHIND 10.1%. ALL PROGRAMS SPONSORED BY THE STATE ARE NOW REQUIRED TO REDUCE THEIR SPENDING 10.1%.

IN TIMES LIKE THESE, QUESTIONS MUST BE RAISED ABOUT OUR PRIORITIES. DO WE WANT EDUCATED, PRODUCTIVE CITIZENS? OR DO WE WANT AN ARMY OF ILLITERATES TO OPERATE OUR MULTIBILLION DOLLAR MILITARY EQUIPMENT?

AN OVERSIMPLIFICATION? I WONDER.



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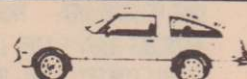
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Flag Salute?

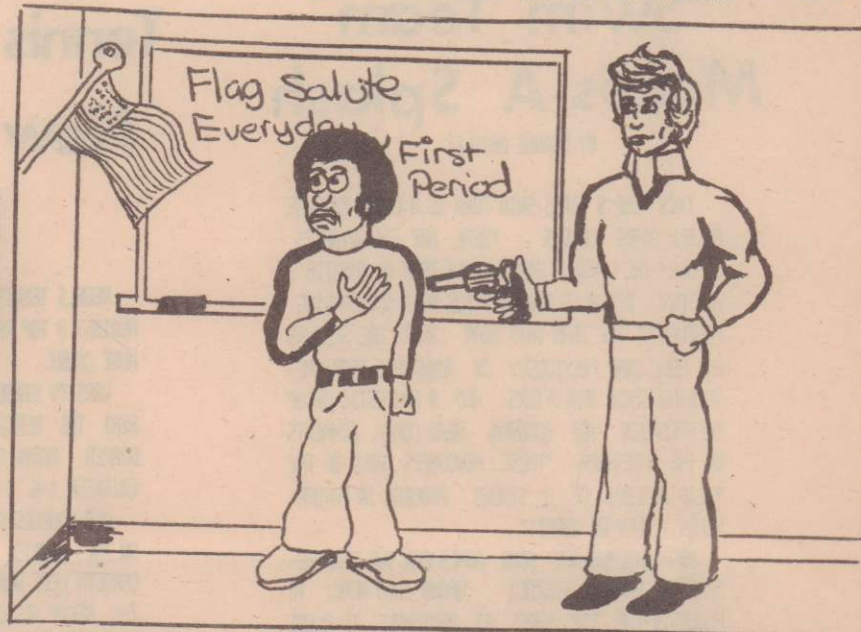
BY PAUL AVERY

WAKE UP AMERICA! THAT MIGHT SEEM LIKE AN ODD WAY TO START A PARAGRAPH, ESPECIALLY AN EDITORIAL BUT THAT'S WHAT I HAVE TO SAY. PEOPLE OF THIS ERA NOW RESIDING IN THE GREAT "LAND OF THE FREE", REALLY SEEM TO BE SLEEPING HALF THE TIME. WHEN THERE COMES A DAY WHEN PEOPLE COMPLAIN ABOUT HAVING TO PLEDGE ALLEGIANCE TO OUR NATIONS SYMBOL, THE FLAG, THERE IS DEFINITELY A PROBLEM SOMEWHERE. THIS IS WHY THE COMPULSORY FLAG SALUTE LAW SHOULD BE IN EFFECT TODAY.

MANY PEOPLE THINK THIS IS AN ACT OF FACISM AND AN INVASION OF CIVIL RIGHTS. BUT ON THE CONTRARY THIS LAW WILL HOPEFULLY PROVOKE ALL OF THOSE TIRED MINDS WHO SOMETIMES FORGET WHAT A FANTASTIC COUNTRY WE LIVE IN. WHAT IT'S LIKE TO BE FREE, NO WHAT IT'S LIKE TO LIVE IN A COUNTRY WHERE FOREIGNERS HAVE NEVER ENGAGED WAR ON OUR OWN SOIL. IT'S TRULY REMARKABLE WHEN YOU THINK OF THE SMALL AMOUNT OF ENERGY OUR COUNTRY WANTS YOU TO DONATE EVERY DAY TO. UTTER A MERE 32 WORDS IN ALLEGIANCE TO YOUR FLAG. THE SAME COUNTRY THAT ALLOWS YOU TO PROSPER IN GOOD HEALTH DAILY, AND RARELY ASKS MUCH MORE FROM YOU.

FURTHERMORE, THE IDEA OF THE LAW BEING BACKED BY A PENALTY WAS BROUGHT ON BY "YOU", AND "YOU" ALONE. WHEN YOU SAID YOU WERE "TOO TIRED" TO SAY THE FLAG SALUTE THIS MORNING, OR YOU "JUST DIDN'T FEEL LIKE IT" WHAT YOU DID WAS PROVE THE GOVERNMENT RIGHT. PATRIOTISM IS ON A DOWNFALL OUR COUNTRY FOR SOME ASTONISHING REASON. HOPEFULLY BY PUTTING A MATCH TO SOME OF YOUR BEHINDS THEY WILL AWAKEN YOU TO THE REALIZATION OF YOUR DUES TO THE COUNTRY YOU LIVE IN.

EVEN THOUGH PEOPLE FEEL THEY DON'T NEED TO SAY THE FLAG SALUTE IN ORDER TO SHOW PATRIOTISM, THEY SHOULD ANYWAY. IF NOT FOR THEMSELVES, THEN



FOR THE OTHERS AROUND THEM. PROVE TO OUR GOVT, TO OUR SCHOOLS AND OUR PEERS THAT WE DO BELIEVE IN THIS COUNTRY. IF THE BELIEF IS NOT THERE, THEN YOU'RE NOT FIT TO BE LIVING OFF THIS LAND OF OURS. THERE ARE PLENTY OF COUNTRIES AROUND THE WORLD WHO DON'T EVEN HAVE A FLAG SALUTE, BUT THEY DON'T EVEN COMPLAIN TO WHERE WE LIVE. SO STOP COMPLAINING AND SHOW WHAT YOU FEEL OR RID US OF YOUR PRESENCE!

CLEARLY, THEN, THIS COMPULSORY SALUTE ISN'T AN INVASION OF RIGHTS, BUT A KEY TO SHOWING YOU WHERE THOSE RIGHTS CAME FROM. BY A SIMPLE 32 WORD SALUTE, YOU SHOW THANKFULNESS AND RESPECT FOR YOUR COUNTRY. ALSO, BELIEF IN THE REASON WE ARE ALLOWED TO BE FREE!

BY JEFF JARED

RECENTLY THE WASHINGTON STATE LEGISLATURE PASSED A MANDATORY FLAG SALUTE LAW TO BE ADMINISTERED IN THE PUBLIC SCHOOLS. THIS LAW REQUIRES THE PLEDGE OF ALLEGIANCE TO BE RECITED EVERYDAY DURING FIRST PERIOD. TEACHERS CAN BE FIRED FOR NOT RECITING IT. STUDENTS ARE THREATENED WITH FINES FOR REFUSING TO STAND FOR IT. THIS COMPULSORY FLAG SALUTE LAW IS GOING WAY OVERBOARD ON THE PATRIOTIC, LOVE-OUR-COUNTRY SPIRIT.

TO ME, THIS LAW IS IN THE SAME LEAGUE WITH THE MCCARTHYISM OF THE '50'S WHERE TEACHERS HAD TO SIGN ANTI-COMMUNIST CONTRACTS. THE STATE IS USING OUR PUBLIC SCHOOLS AS A FORUM FOR PROPAGANDA.

CONDITIONING OUR STUDENTS TO BE PARTOTIC. THE NAZIS IN GERMANY HAD SIMILAR LAWS, AND THE COMMUNISTS IN THE SOVIET UNION TODAY HAVE COMPULSORY ALLEGIANCE LAWS. IN OUR COUNTRY, FREEDOM SHOULD TAKE PRIORITY.

THE STATE IS TRYING TO FORCE US TO SALUTE THE FLAG, BUT THE MAIN REASON WE DO CHOOSE TO SALUTE THE FLAG IS BECAUSE WE AREN'T FORCED TO. WE ARE PLEDGING ALLEGIANCE TO A FREE COUNTRY, A COUNTRY OF FREE CHOICE—NOT A COUNTRY OF FORCED SUBMISSION. IT WOULD BE PERFECTLY ALL RIGHT IF IT WEREN'T A LAW OR IT WEREN'T REQUIRED. IT WOULD BE PERFECTLY ALL RIGHT IF WERE STRICTLY VOLUNTARY. BUT AS THE LAW NOW STANDS, BEING A HIGH SCHOOL STUDENT, I FEEL THE RIGHTS OF ALL THE STUDENTS AND ALL THE TEACHERS ARE BEING STAMPED ON BY A ONCE-AGAIN OPPRESSIVE GOVERNMENT. OUR COUNTRY MUST STAY FREE. WE DON'T NEED TO RETURN TO MCCARTHYISM.

IF OUR GOVERNMENT WERE LET LOOSE, IT COULD MAKE LAWS REQUIRING OATHS AND HONOR PLEDGES IN THE CLASSROOM, OR EVEN PEACETIME COMPULSORY MILITARY SERVICE, ALL IN THE NAME OF OUR COUNTRY AND PATRIOTISM. WE MUST STOP THIS TIDE OF GOVERNMENT COERCION WHERE IT STARTS. THIS MAY SEEM A VERY SMALL THING TO MAKE A BIG FUSS OVER, BUT BELIEVE ME THIS IS JUST THE TIP OF THE ICEBERG OF WHAT MIGHT LIE AHEAD. WHEN IT COMES STAMPING ON OUR CIVIL RIGHTS, IF WE GIVE THE GOVERNMENT AN INCH IT WILL TAKE A MILE.

Lexington Staff Solar Greenhouse Is For Everyone

EDITORS - IN - CHIEF:

LE ANNE DESILET, KAY FITZGERALD, ANNA FOLEY

MANAGING EDITORS:

JEFF JARED, PAUL AVERY

COPY EDITORS:

ED JOHNSON, LESLIE SMITH

PRODUCTION MANAGERS:

SCOTT HONAKER, TIM TAYLOR, JEFF MESSING,
DEAN LAMPMAN

BY ANNA FOLEY

THE SOLAR GREENHOUSE IS A PROJECT WHICH PROVIDES UNIQUE "HANDS ON" LEARNING EXPERIENCE FOR JUANITA STUDENTS. IN 1978, KEITH RAMAGE, LISA MAYO, AND LISA KENNAN, JUANITA STUDENTS, SUBMITTED THEIR DESIGNS FOR THE GREENHOUSE TO THE DEPARTMENT OF ENERGY. IN RETURN THEY RECEIVED A \$28,000 GRANT. LAKE WASHINGTON VOC-TECH AND LOCAL INDUSTRY HAVE ALSO OFFERED THEIR SUPPORT. CONSTRUCTION BEGAN IN SEPTEMBER OF 1979.

THE PROJECT INVOLVES SEVERAL DEPARTMENTS AT JUANITA. THOSE INVOLVED INCLUDE: REBEL DESIGN, REBEL GRAPHICS, PHOTOGRAPHY, PHYSICS, REBEL CONSTRUCTION, PROJECT LANGUAGE ARTS, HORTICULTURE, ACCOUNTING, LEADERSHIP, DEVELOPMENTAL MATH. OVERALL THE PROJECT INVOLVES OVER TWO HUNDRED STUDENTS. THE EXPERIENCE GAINED BY INVOLVEMENT WITH THE GREENHOUSE IS INVALUABLE, BECAUSE IT IS REAL. THE STUDENT IS ENGAGED

WITH REAL-LIFE SITUATIONS, NOT THOSE FROM A CLASS LECTURE OR TEXTBOOKS. - THE WORKSITE SYSTEM PUTS STUDENTS IN CHARGE NOT TEACHERS.

THERE IS A SENSE OF PRIDE SHARED BY THOSE RESPONSIBLE FOR THE SUCCESS OF THE GREENHOUSE. WHEN A STUDENT IS NOT WORKING HARD, WHEN THEY COME TO CLASS LATE, OR WHEN THEY HAVE A POOR ATTITUDE IT IS THEIR PEERS WHO APPLY THE PRESSURE FOR THEM TO PERFORM. THIS MOTIVATES PEOPLE TO ATTEND CLASS AND CUTS DOWN ON DISCIPLINE PROBLEMS. THROUGH THE PROJECT, A STUDENT LEARNS RESPONSIBILITY. HE/SHE IS WORKING ON A PROJECT THAT HAS REQUIRED HIS/HER INVOLVEMENT AND LABOR TO BRING IT FROM WHAT PROBABLY SEEMED AN UNREALISTIC IDEA TO REALITY.

EVEN AFTER CONSTRUCTION HAS BEEN COMPLETED, (KEVIN SHUBA ESTIMATES SEVERAL MORE MONTHS) THE GREENHOUSE WILL CONTINUE TO SERVE STUDENTS AS A CLASSROOM AND THE COMMUNITY AS A SHOWCASE FOR SOLAR ENGINEERING. JUANITA STUDENTS WILL CONDUCT TO MAKE PEOPLE AWARE OF THE EFFICIENCY OF SOLAR ENERGY. INVOLVED STUDENTS AND STUDENTS WHO CARE ARE THE CONTRIBUTING FACTORS TO THE SUCCESS OF JUANITA'S SOLAR GREENHOUSE. BORED? THEN GET INVOLVED!

THE LEXINGTON IS PUBLISHED BY STUDENTS OF JUANITA HIGH SCHOOL IN KIRKLAND, WASHINGTON. LEXINGTON WAS THE TOWN WHERE THE SHOT THAT WAS HEARD "ROUND THE WORLD" WAS FIRED, MARKING THE START OF THE AMERICAN REVOLUTIONARY WAR. JUANITA HIGH SCHOOL, LIKE THE COLONIES, IS FIGHTING A REVOLUTION. THE JUANITA REVOLUTION INVOLVES THE ESTABLISHMENT OF A SYSTEM THAT FREES THE STUDENT TO PURSUE THE INTERESTS, AND DEVELOP THE ABILITIES, THAT WILL TRULY MARK HIM AS AN EDUCATED INDIVIDUAL.

Swim Team Makes A Splash

BY LEANNE DESTILET

THIS YEAR'S GIRLS SWIM TEAM IS A GREAT MIXTURE OF ALL GRADE LEVELS. THERE ARE 34 SWIMMERS TOTAL—THE LARGEST GIRLS SWIM TEAM IN JUANITA'S HISTORY. DEPTH IS PROBABLY THE MOST OUTSTANDING FEATURE OF THE TEAM THIS YEAR. THERE ARE SENIORS WHO HAVE SWAM PREVIOUSLY ON JUANITA'S TEAM, RETURNING STATE QUALIFIERS, AND A FANTASTIC GROUP OF FRESHMEN. JEF DONOVAN, HEAD COACH, COMMENTS ON THE FRESHMAN, "THESE NEWCOMERS WILL BE THE SOLID NUCLEUS OF A STRONG PROGRAM IN FUTURE YEARS. THEY'RE GREAT!"

MRS. DONOVAN SET SOME GOALS FOR THE TEAM BEFORE THE SEASON STARTED. AMONG THEM WERE: TO PLACE IN THE TOP THREE AT REGIONALS, TO PLACE AMONG THE TOP TWELVE AT STATE, TO QUALIFY TWO DIVERS AT STATE, AND TO HAVE TWELVE OR MORE SWIMMERS AT THE STATE MEET. THESE GOALS HAVE ALSO HELPED TO MOTIVATE THE SWIMMERS THIS YEAR.

THE TEAM HAS STARTED OUT AT 4-0. NOT BAD! THEY'VE BEATEN LAKE WASHINGTON, BELLEVUE, SAMMAMISH, AND BOTHELL SO FAR. THERE ARE SEVEN STATE QUALIFIERS AS OF NOW, WITH MANY MORE TO FOLLOW. THE LONG RANGE PLANS IN THE HEADS OF MANY OF THE SWIMMERS INCLUDE REGIONALS AND STATE. REGIONALS ARE ON NOV. 9-10, AND STATE WILL BE

ON NOV. 21-22. ALL OF THE GIRLS HAVE GREAT ATTITUDES, AND ARE LOOKING FORWARD TO THE BEST SEASON EVER. WISH THEM LUCK!

Tennis Team Starts New Season

TENNIS TEAM

REBELS TENNIS TEAM STARTED THEIR 1981 SEASON AGAINST A TOP RANKED MERCER ISLAND TEAM AT THEIR HOME COURT.

VARSITY SINGLES PLAYED HARD BUT STILL COULDN'T BEAT THE MERCER ISLAND PLAYERS, LIKE ROBYN DRAPER. ROBYN DEFEATED OUR TOP SINGLES, BONNIE ERICKSON 1-6, 1-6.

OUR DOUBLES PAIRS LOOKED STRONG AND CONFIDENT ON THE COURTS, ESPECIALLY WHEN LISA CECH AND CAROLYN LEES WON THEIR HARD FOUGHT MATCH 6-3, 2-6, 7-6. BECKY SEALOCK AND SUSIE WINSLOW, ONE DOUBLES PAIR AND KAREN PASCHO ALONG WITH SANDY BOND WERE ALSO STRONG, BUT WERE DEFEATED BY MERCER ISLAND PLAYERS.

OUR J.V. SQUADS, BOTH SINGLES AND DOUBLES PLAYED WELL AGAINST THE ADVANCED PLAYERS OF MERCER ISLAND, BUT STILL WERE DEFEATED DESPITE THEIR GREAT EFFORTS.

JUANITA'S TENNIS TEAM EFFORTS HAVE GIVEN THEM A 1-2 RECORD FOR THE 1981 SEASON. OUR WINNING MATCH CAME DURING THE ISSAQUAH MATCH ON SEPTEMBER 24.

BY NORMA ESQUIVEL

Success Is Doing Your Best

BY KATRIN MATSON

"SUCCESS IS DOING YOUR BEST," SAYS MR. WEISER, THIS YEAR'S CROSS COUNTRY COACH. ON SEPT. 17, THE TEAM RAN AGAINST TAHOMA IN A VERY COMPETITIVE RACE. JERRY LJUNGREN, A JUNIOR FROM JUANITA, STOLE FIRST PLACE IN THE BOYS' RUN BY COMING IN AT 13 MINUTES, 51 SECONDS ON A 2.7 MILE COURSE.

THE CROSS COUNTRY TEAM'S SCORE FOR THE BOYS WAS REBELS 30 TO TAHOMA'S 26, AND THE GIRLS GOT 33 TO TAHOMA'S 23. ALTHOUGH JUANITA GOT THE HIGHEST SCORES, IN CROSS COUNTRY THE LOWEST SCORE WINS, SO TAHOMA WON THIS MEET.

THE TOP RUNNING SENIORS FOR THIS YEAR'S TEAM ARE SUE LANTZ, JESSICA RYKKEH, JEFF GROENEN, AND KEVIN MCGINNIS.

MR. WEISER SAID HE WOULD LIKE TO SEE HIS TEAM GO BEYOND THEMSELVES FOR A "PERSONAL IMPROVEMENT" AND A "PRIDE OF SUCCESS." THE TEAM IS ON THEIR WAY TO THESE GOALS IF THE ENTHUSIASM SHOWN FROM THE TAHOMA MEET IS ANY INDICATION OF OUR TEAMS' SPIRIT.

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Rebels Spike It To 'em

BY KIM LENNERACKER

FORTY-FIVE GIRLS TURNED OUT FOR VOLLEYBALL THIS SEASON, THE LARGEST TURNOUT FOR THE SPORT IN JUANITA'S HISTORY. UNDER SCHOOL POLICY, MS. MICHAELIS IS NOT ALLOWED TO CUT ANY OF THE STUDENTS WHO WISH TO PARTICIPATE, WHICH IS WHY COACH MICHAELIS CALLED THE CUTS BACK DURING OUR FIRST ASSEMBLY. NOT MANY WANTED TO RETURN HOWEVER, SINCE THEY WOULDN'T HAVE THE OPPORTUNITY TO PARTICIPATE IN THE MATCHES.

THE TEAM ITSELF IS A YOUNG GROUP. THERE ARE NOT MANY EXPERIENCED PLAYERS DUE TO THE FACT THAT MANY ARE SOPHOMORES AND JUNIORS. RETURNING FROM LAST YEAR'S SQUAD ARE: HOPE GRIMM, STAR SETTER NANCY NIEMIEC, ACE SPIKER AND SALLY NIEMIEC.

WHEN ASKED IF THE TEAM WOULD BENEFIT FROM SCHOOL SUPPORT, COACH MICHAELIS REPLIED, "LET ME PUT IT THIS WAY, LAST YEAR, OR THE YEAR BEFORE, ONE TIME WHEN THE FOOTBALL TEAM WAS DONE PRACTICING, THERE WAS A VOLLEYBALL GAME GOING ON, SO THEY CAME IN AND CHEERED THE TEAM ON. BEFORE THEY CAME IN, THE GIRLS WEREN'T DOING SO WELL, BUT WITH ALL THE CHEERING, THEY MADE A COMPLETE TURN AROUND!" THEREFORE, SCHOOL SUPPORT OBVIOUSLY HELPS.

TO ENABLE YOU TO BETTER SUPPORT YOUR VOLLEYBALL TEAM, I HAVE PROVIDED A LIST OF HOME GAMES:

WEDNESDAY, OCTOBER 14 6:30 BELLEVUE
FRIDAY, OCTOBER 16 3:30 INGLEMOOR
FRIDAY, OCTOBER 30 3:30 MERCER ISLAND

Rebels SCOREBOARD

FOOTBALL

9-11 JUANITA:26, REDMOND:0
9-18 JUANITA:14, BELLEVUE:12
9-25 JUANITA:20, BOTHELL:14

CROSS COUNTRY

BOYS: JUANITA 22 SAMMAMISH 33
27 BOTHELL 30
GIRLS: JUANITA 20 SAMMAMISH 39
25 BOTHELL 30

GIRLS SWIMMING

9-17 JUANITA 105 LAKE WASH 71
9-22 JUANITA 132 BELLEVUE 40
9-24 JUANITA 94 SAMMAMISH 71

GIRLS VOLLEYBALL

9-25 JUANITA 2 NEWPORT 1

GIRLS TENNIS

9-15 JUANITA 1 MERCER IS. 6
9-22 JUANITA 2 SAMMAMISH 5
9-24 JUANITA 7 ISSAQUAH 0

COED GOLF

9-14 JUANITA 164 SAMMAMISH 136
9-21 JUANITA 126 INGLEMORE 158
9-28 JUANITA 178 LAKE WASH 164

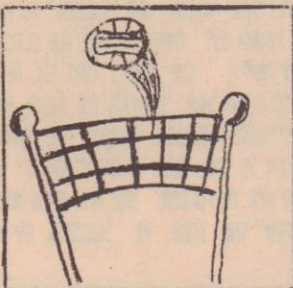
RECORDS

FOOTBALL 3-0 VOLLEYBALL 1-0
BOYS CROSS COUNTRY 2-0
GIRLS CROSS COUNTRY 2-0
GIRLS SWIMMING 3-0
GIRLS TENNIS 1-2
COED GOLF 2-1

TRIVIA

IN 1976, A LOS ANGELES SECRETARY NAMED JANNENE SWIFT OFFICIALLY MARRIED A 50-POUND ROCK. THE CEREMONY WAS WITNESSED BY MORE THAN 20 PEOPLE.

IN 1910 A FOOTBALL TEAM WAS PENALIZED 15 YARDS FOR AN INCOMPLETE FORWARD PASS.



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School Is His Second Home

BY LESLIE SMITH

IF I COULD GIVE JEFF JARED ANY ADVICE I WOULD TELL HIM TO ROLL OUT HIS SLEEPING BAG AND JUST SPEND THE NIGHT AT JUANITA. HE SPENDS SO MUCH TIME AT SCHOOL THAT HE COULD REALLY CALL IT HIS SECOND HOME. BESIDES BEING ASB PRESIDENT AND PLAYING ON THE FOOTBALL TEAM, JEFF IS ON THE LEXINGTON STAFF, STUDENT SENATE, AND HAS BEEN WORKING HARD WITH THE OTHER OFFICERS TO GET HOMECOMING OFF THE GROUND.

JEFF LIKES THE ATMOSPHERE OF JUANITA AND IS COMFORTABLE WITH THE OPEN CONCEPT. HE FEELS THAT JUANITA IS A GOOD SCHOOL. BUT THAT STUDENT GOVERNMENT COULD BE IMPROVED SO THAT THINGS RUN SMOOTHER. HE ALSO FEELS THAT WE NEED MORE OF A TURN OUT FOR ASSEMBLIES, BUT IS SURE IT WILL COME WITH TIME.

JEFF WANTS TO GO TO COLLEGE, BUT TRAVEL IS NUMBER ONE ON HIS LIST OF GOALS. HE WANTS TO SEE AS MUCH OF THE WORLD AS HE CAN. JEFF ALSO WANTS TO BE SUCCESSFUL AND AS HE PUT IT, "MAKE LOTS OF MONEY." CHANCES ARE THAT JEFF WILL BE SUCCESSFUL IN ANYTHING HE TRIES BECAUSE HE WON'T SETTLE FOR LESS.



THE BEST OF TIMES

BY MARCI PARUCCI

HOMECOMING '81, NOTED BY ITS THEME, "THE BEST OF TIMES," IS TAKING PLACE OCTOBER 9-17. THE FESTIVITIES BEGIN WITH 50'S DAY ON OCTOBER 9, AND A LONG ASSEMBLY WILL BE PART OF THE ALL-SCHOOL DRESS UP DAY. ON MONDAY, OCTOBER 12, THE STAFF WILL BE PARTICIPATING IN A SPIRIT DAY (TO BE DETERMINED), AND ALL MEMBERS ARE ENCOURAGED TO PARTICIPATE, AS STAFF INVOLVEMENT IS VERY IMPORTANT. TUESDAY, THE SOPHOMORES WILL BE INVOLVED IN PROMOTING THEIR CLASS IN A SPECIAL DAY (TO BE DETERMINED). WEDNESDAY, THE JUNIORS GO HAWAII. AND THURSDAY IS SENIOR PAJAMA DAY, WITH THE SENIOR BREAKFAST AND PAJAMA PARADE IN THE MORNING. THURSDAY NIGHT LIVE WILL BE THE FEATURE THAT EVENING WITH THE BONFIRE/PEP RALLY. FRIDAY, OCTOBER 16, THERE WILL BE A LONG ASSEMBLY WITH THE CLASS SKITS AND PRESENTATION OF ROYALTY FINALISTS. REBELS VS. KINGS IS THE FEATURE ATTRACTION. FRIDAY NIGHT AT REDMOND HIGH SCHOOL, AND CLASS FLOATS AND REBEL ROYALTY WILL BE PRESENTED DURING HALFTIME. THE BEST OF TIMES DANCE WILL BE HELD IN THE JHS FIELDHOUSE. SATURDAY, OCTOBER 17, 9:00-12:00 P.M. TO FINALIZE THE HOMECOMING FESTIVITIES, AND THE BAND PERFORMING WILL BE OZ.

PARTICIPATION BY BOTH STAFF AND STUDENTS, IS CRUCIAL FOR THE SUCCESS IN MAKING THIS WEEK "THE BEST OF TIMES."



Efficiency Is The Key

BY MARCI PARUCCI, LEANNE DESTILET

JENNY VLASES FIRST BECAME INTERESTED IN ASB WHEN SHE RAN FOR SECRETARY AT FINN HILL IN 9TH GRADE, AND WON. THE EXPERIENCE WAS A GOOD ONE FOR HER AND ONE FACTOR IN HER DECISION TO RUN FOR THIS YEAR'S SECRETARIAL POSITION. ALSO, IT LOOKED LIKE A CHALLENGE WHICH SHE WANTED TO FACE.

WHEN SHE FOUND OUT THAT SHE WON THE ELECTION, SHE WAS VERY HAPPY. SHE FELT THAT SHE HAD THE EXPERIENCE TO CARRY HER THROUGH THE YEAR, AND SO FAR, SHE HAS PROVEN HERSELF RIGHT. HER CAMPAIGN SLOGAN, "JENNY IS THE KEY TO EFFICIENCY," SET A STANDARD FOR HER TO FOLLOW. SHE HAS BEEN WORKING HARD TO OPEN THE DOOR TO SUCCESS, BY USING EFFICIENCY.

OVER THE PAST SUMMER, SHE ATTENDED LEADERSHIP CAMP WITH THE OTHER 81-82 ASB OFFICERS. LEADERSHIP SKILLS AND GROUP DECISION-MAKING WERE EMPHASIZED THROUGH SEMINAR EXPERIENCES. WHEN JENNY WAS REMINISCING ABOUT THIS CAMP SHE STARTED CHUCKLING. SHE TOLD US THAT SHE HAD NEVER SEEN SUCH A SMALL PLACE AS RANDALL, WA, WHERE IT WAS HELD. JENNY SAID THIS CAMP HAS PROVED VERY VALUABLE TO HER ALREADY, THIS YEAR.

JENNY IS USING A GOAL-SETTING PROCESS TO HELP KEEP HER ORGANIZED THIS YEAR. SOME OF HER PERSONAL GOALS ARE TO GET ALL THE MINUTES AND ALL AGENDAS TYPED AND OUT ON TIME, AND KEEP UP HER HOMEWORK IN ALL HER CLASSES. HER MAIN GOAL FOR THE WHOLE SCHOOL IS TO MAKE THIS THE BEST YEAR EVER FOR EVERYONE.

CURRENTLY JENNY KEEPS BUSY ABOVE AND BEYOND THE CALL OF DUTY WITH BALLET CLASSES AND TEACHING JAZZ AND AEROBIC DANCE CLASSES. SHE WAS RECENTLY ACCEPTED INTO THE CORNISH JUNIOR COMPANY, FOR HER BALLET PROMISE.

FUTURE COLLEGE PLANS FOR JENNY ARE TO ATTEND NORTH CAROLINA SCHOOL OF ARTS TO MAJOR IN DANCE AND THEATER. JUST THINK: WHEN YOU SEE A PERFORMANCE OF JOFFREY BALLET IN TEN YEARS, AND YOU SEE JENNY'S NAME ON THE PROGRAM YOU CAN TELL ALL YOUR FRIENDS THAT YOU ONCE KNEW THIS AWESOME PERSON!

The "Eye" Is A Thriller

IF YOU ENJOY READING NOVELS OF MYSTERY, INTRIGUE, AND ESPIONAGE, YOU'LL ENJOY "EYE OF THE NEEDLE" BY KEN FOLLETT. "EYE OF THE NEEDLE" IS A TRULY SUSPENSEFUL THRILLER. THE PLOT IS CAREFULLY WORKED OUT, AND THE CHARACTERS ARE BELIEVABLE.

IT IS WORLD WAR II. HIS CODE NAME IS THE NEEDLE. HE IS A HANDSOME, HIGHLY INTELLIGENT GERMAN SPY AND HE KNOWS THE SECRET THAT COULD MEAN THE LOSS OF THE WAR FOR ENGLAND. LUCY ROSE, A BEAUTIFUL YOUNG ENGLISHWOMAN IS THE ONLY ONE WHO CAN STOP HIM FROM REVEALING THE SECRET. SHE MUST DECIDE BETWEEN HER BURNING DESIRE FOR HIM AND HER BINDING DUTY TO HER COUNTRY.

THE AUTHOR, KEN FOLLETT WAS BORN IN WALES AND IS A FORMER JOURNALIST FOR THE LONDON EVENING NEWS AND EDITORIAL DIRECTOR OF EVEREST BOOKS IN ENGLAND. HE LIVES IN CAMBERLY, ENGLAND, WITH HIS WIFE AND TWO CHILDREN. HE IS THE AUTHOR OF THE BESTSELLING NOVELS, "TRIPLE" AND "THE KEY TO REBECCA."

"EYE OF THE NEEDLE," A SIGNET BOOK, IS PUBLISHED BY THE NEW AMERICAN LIBRARY, INC. IN PAPERBACK, 335 PAGES. HARDCOVER EDITION PUBLISHED BY ARBOR HOUSE PUBLISHING COMPANY, INC.

IF YOU'RE LOOKING FOR A GOOD, ADVENTURE TYPE NOVEL, PICK UP "EYE OF THE NEEDLE" BY KEN FOLLETT.

BY KAY FITZGERALD

AN EVENING IN JAPAN

A BUBBLING FOUNTAIN, BAMBOO TREES, AND LUSH GREEN PLANTS ARE PART OF THE VIEW YOU'LL SEE AT BENTHANA OF TOKYO. THIS JAPANESE RESTAURANT IS LOCATED AT 1200 FIFTH AVENUE, IBM BUILDING (BETWEEN THE OLYMPIC AND HILTON) IN SEATTLE. IT IS OPEN FOR LUNCH MONDAY THROUGH FRIDAY AND FOR DINNER SEVEN DAYS A WEEK. RESERVATIONS ARE ACCEPTED 682-4686.

BENTHANA OF TOKYO IS UNIQUE BECAUSE A CHEF COOKS YOUR MEAL RIGHT BEFORE YOUR EYES AT YOUR HIBATCHI TABLE. IT IS FASCINATING TO SEE THE CHEF SLICE AND CHOP THE VEGETABLES, MEAT, AND FISH WITH SUCH AWESOME QUICKNESS. IT IS SOMEWHAT LIKE A PERFORMANCE.

THOSE WHO PREFER PRIVACY WHILE DINING MAY NOT LIKE THE SEATING ARRANGEMENT AT THIS RESTAURANT.

USUALLY MORE THAN ONE PARTY SITS AT EACH TABLE. BUT IF YOU SIT WITH ANOTHER PARTY AT A TABLE, YOU'LL BE ABLE TO SAMPLE A LITTLE BIT OF THE OTHER PARTY'S ORDER.

DINNER ENTREES ARE HIBATCHI STEAK (NEW YORK CUT), SHRIMP, SUKIYAKI, SCALLOPS, AND CHICKEN. ALL DINNER ENTREES INCLUDE VEGETABLES, SOUP, SALAD, RICE, AND TEA. THE PRICES RANGE FROM \$9 TO \$15 PER PERSON.

WHEN I DINED THERE, I ORDERED THE SCALLOPS WHICH WERE VERY LARGE AND TASTED GOOD WITH THE GINGER SAUCE. I ALSO TASTED THE SHRIMP WHICH WAS THE MOST DELICIOUS. THE VEGETABLES AND SOUP WERE NOTHING MORE THAN AVERAGE. THE SOUP WAS SALTY AND THE BEAN SPROUTS, ONIONS, AND THE BAMBOO SHOOTS WERE NOTHING SPECIAL.

A LA CARTE ENTREES ARE AVAILABLE TOO. THEY INCLUDE SOUP, SALAD, THE MAIN ENTREE, AND TEA. A LA CARTE ENTREES ARE LESS EXPENSIVE THAN THE DINNER ENTREES.

THE SERVICE AT BENTHANA OF TOKYO IS GOOD. THE ORIENTAL WAITRESSES ARE DRESSED IN AUTHENTIC JAPANESE KIMONOS, ARE ATTENTIVE, AND OFFER QUICK SERVICE TO THEIR CUSTOMERS. THE RESTAURANT OFFERS A SPECIAL TREAT FOR THOSE WHO ARE CELEBRATING A BIRTHDAY.

ALTHOUGH THE FOOD IS MEDIOCRE, DINING AT BENTHANA OF TOKYO IS A FASCINATING EXPERIENCE.

This Disease Is Catching

BY B.H.

MY MOM HAS A DISEASE. IT'S GOT ONE OF THOSE REALLY LONG MEDICAL NAMES, BUT IT'S COMMONLY CALLED THE HEALTH FOOD INFECTION. SHE'S A HEALTH FOOD NUT. THE REASON THAT I'M TELLING YOU ALL THIS, IS BECAUSE IT'S A VERY CONTAGIOUS DISEASE. MY MOM CAUGHT IT FROM HER FRIENDS. YOU NEVER KNOW WHO HAS IT. IT ALL STARTED WITH WHEAT GERMS AND HEALTH REVIVAL MEETINGS SHE WENT TO WITH HER INFECTED FRIENDS. THAT WAS ONLY THE BEGINNING.

SOME DAYS I WOULD COME HOME AND SIT DOWN TO A GOOD OL' AMERICAN HAMBURGER. THEN I BITE IN AND THE SIMILARITY BETWEEN HAMBURGER AND MY "HAMBURGER" ENDS.

BREAKFASTS ARE FUN TOO. ON DAYS WHEN WE HAVE COLD CEREAL OR OATMEAL SHE LIKES TO POUR RAW BRAN OVER IT. HALF THE TIME I CAN'T EVEN GUESS WHAT KIND OF CEREAL I'M EATING. WHENEVER WE HAVE EGGS I EAT MINE RAW. BELIEVE ME RAW EGGS ARE BETTER THAN WHAT MY BROTHERS GO THROUGH EATING THEIR EGGS. AT LEAST I KNOW WHAT'S IN AN EGG.

ORANGE JUICE IS THE WORST. I CAN'T EVEN TELL WHAT OR WHEN SHE'S PUTTING THINGS IN IT ANYMORE. SHE TRIED VITAMINS FIRST, BUT WHEN MY BROTHER GAGGED ON AN UNCRUSHED PIECE AND ALMOST CHOKED HIMSELF, SHE DECIDED TO TRY SOMETHING ELSE. NEXT SHE WENT THROUGH A BRAN PHASE. EVERYTHING HAD TO HAVE BRAN IN OR ON IT. WHEN SHE GOT AROUND TO PUTTING IT IN OUR ORANGE JUICE I COULD HAVE DIED. HAVE YOU EVER TRIED TO DRINK JUICE THAT WAS ALMOST A SOLID MUSHBALL? IT DOESN'T WORK.

ANOTHER THING THAT BOTHERS ME IS I THINK I MIGHT BE CATCHING THE DISEASE MYSELF. I WAS TALKING TO MY MOM ABOUT THE DISEASE, AND I TOLD HER I THOUGHT SHE MIGHT BE CLOSE TO BEING CURED, BECAUSE SHE WAS GETTING SLACK WITH ALL HER "HEALTHY" RECIPES. SHE JUST SMILED AND SAID, "I USE THEM MORE THAN EVER. YOU JUST DON'T NOTICE ANYMORE." SEE HOW CONTAGIOUS IT IS?

I'D LIKE TO GIVE YOU JUST ONE LAST WARNING. I'VE HAD JUST ABOUT EVERY "HEALTHY" DISH THERE IS AND BELIEVE ME, THEY'RE ALL VERY HARD TO GET USED TO. THAT'S WHERE THE PROBLEM COMES IN. IF YOU'RE GETTING USED TO IT THEN IT'S PROBABLY TOO LATE TO SAVE YOU.

A Women's

Place?

BY LESLIE SMITH

FRIDAY NIGHT IS "THE" DANCE OF THE YEAR. YOU DON'T HAVE A DATE, BUT YOU DON'T WANT TO ASK THAT CERTAIN GIRL. THURSDAY AFTERNOON SHE SURPRISES YOU BY ASKING YOU TO THE DANCE. HOW WOULD YOU REACT?

MOST OF THE GUYS I ASKED WERE DEAD SET AGAINST GIRLS ASKING GUYS OUT. PAUL RIVERS SAYS, "IT'S NOT A WOMAN'S PLACE TO TAKE OVER THE STANDARD MALE ROLE!!!" SOME GUYS I ASKED SAID THEY REALLY WOULDN'T KNOW WHAT TO SAY AND BESIDES, THEY'D BE EMBARRASSED. ONE GUY DIDN'T MIND AS LONG AS IT DIDN'T HAPPEN IN FRONT OF HIS FRIENDS. A FEW SAID IT WOULD DEPEND ON THE GIRL, AND A SMALL MINORITY, LIKE JEFF JARED, WERE FLATTERED.

THE GIRLS FELT ABOUT THE SAME WAY THE BOYS FELT. MOST SAID THEY NEVER HAD, AND THEY NEVER WOULD ASK A GUY OUT. THE GIRLS FELT THAT ASKING A GUY OUT WAS TOO EMBARRASSING, BUT A FEW SAID THAT THEY WOULD DO IT MAYBE ONCE.

THE ONLY TIME THAT THE ROLES CAN BE COMFORTABLY REVERSED IS DURING TOLO TIME. AT OTHER TIMES THE CHANGE IN ROLES IS JUST TOO MUCH OF A CULTURE-SHOCK TO MOST PEOPLE. AFTER LOOKING OVER MY FINDINGS, I DECIDED THAT GIRLS SHOULD JUST STICK TO DROPPING HINTS.

"I'VE FOUND A FRIEND"

BY KAREN KELLY

I'VE FOUND A FRIEND WHO'LL BE A FRIEND FOREVER.

ONE WHO'LL LISTEN TO YOUR SORROWS AND YOUR DREAMS.

ONE THAT YOU CAN TALK WITH WHEN YOU'RE DOWN, AND TO SHARE YOUR HAPPY MOMENTS TOO.

ONE YOU WANT TO CELEBRATE EVERYDAY WITH OR A WHOLE LIFETIME.

I'VE FOUND A FRIEND WHO'LL BE A FRIEND FOREVER.

ONE WHO YOU CAN LEAN ON WHEN YOU'RE ABOUT TO FALL.

ONE WHO CARES ABOUT YOU AS MUCH AS YOU CARE FOR HIM.

ONE THAT YOU CAN TALK WITH, WALK WITH, CRY WITH, LAUGH WITH.

ONE WHO IS VERY SPECIAL IN THAT ONE PARTICULAR WAY.

SO HAPPY TO HAVE FOUND A FOREVER FRIEND LIKE YOU.

PAGE 7



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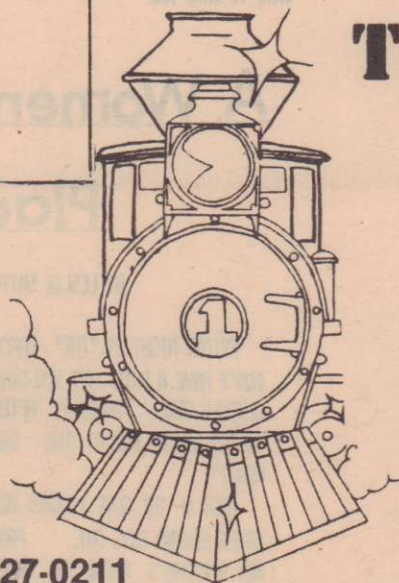


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